



Health and Sexuality Education

Mission

The mission of the health and sexuality education program at the Solomon Schechter School of Manhattan is to cultivate young people who are knowledgeable about human development, understand its significance in their lives, and are committed to grounding their choices and relationships in moral sensitivity. We believe that sexuality is a normal part of human development and that the enormous physical, social, emotional, cognitive, and spiritual changes that adolescents experience pose significant challenges for them. We also believe that the school has a key role to play in helping its students process the many messages of varying validity that they may receive about sexuality outside of school. Therefore, the health and sexuality education program aims to facilitate individual and group learning and reflection on societal values within a framework of Jewish tradition and Jewish values. In addition, parents are unique in their ability to share their own family values with their children and we strive to promote a healthy, ongoing dialogue between students and their parents about the choices students will face as they grow and mature.

Program Goals

Students who participate in the Schechter Manhattan health and sexuality education program will be...

- Knowledgeable about the human body, human development, sexuality, and the outcomes of sexual behavior.
- In the process of clarifying their own values, beliefs, and personal choices.
- Respectful and sensitive in their interpersonal relationships of all sorts, including romantic relationships.
- Well prepared to make considered and responsible choices when faced with new situations.